## TLE KIDS MARATHON LET'S RUN, LET'S HAVE FUN

### Complete 13 do-rights for the 2024 Seattle Kids Marathon

NAME:	
AGE:	
SCHOOL:	

## DO-RIGHT-O-METER



# 1 2 3 9 10 11 12 13

#### DO RIGHT SUGGESTIONS

Here are a few examples of "Do rights" or "good deeds" to get you started on your way

- 1. Take out the trash and recycling
- 2. Do the dishes
- 3. Help mow the lawn
- 4. Rake the leaves
- 5. Carry in the groceries
- 6. Collect box tops for your school
- 7. Read a book to a younger child/sibling
- 8. Get 5 friends to each do a good deed
- 9. Set the table for dinner
- 10. Volunteer at a local charity
- 11. Send a card to a Senior Home
- 12. Help a friend with their schoolwork
- 13. Pick up litter in your neighborhood
- 14. Collect and donate items to charity
- 15. Donate old toys to charity
- 16. Volunteer at a local running or sporting event
- 17. Volunteer at a senior home
- 18. Walk an elderly neighbor's dog
- 19. Help your grandparents with housework/chores
- 20. Help clean the house
- 21. Help someone with their bags getting off of a bus
- 22. Volunteer at a soup kitchen
- 23. Make a card for your teacher
- 24. Hold a door open for someone
- 25. Do something kind for a new student
- 26. Pay someone else's bus fare when they can't
- 27. Let someone have your seat on the bus
- 28. Wake up early and make breakfast
- 29. If a classroom is messed up start to clean it without being asked







